

RECIPE:

Barbacoa Beef

Slow cooker directions

Step 1: Thaw freezer bag in fridge 12-24 hours before cooking.

Step 2: Add freezer bag contents to a slow cooker.

Step 3: Cook on low 8-10 hours.

Step 4: Shred beef and stir back into sauce in slow cooker.

Step 5: Serve in tortillas or over rice with favorite taco toppings!
Enjoy!

Instant pot directions

Step 1: Dump the contents of the freezer bag into the Instant Pot, add 1/2 cup water.

Step 2: Set to High Pressure for 65 minutes, then allow a 15-minute natural release followed by a quick release.

Step 3: Shred beef and stir back into sauce in slow cooker.

Step 4: Serve in tortillas or over rice with favorite taco toppings!
Enjoy!

Expiration date: _____



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