

# RECIPE:

## Homestyle Beef Stew

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### *Slow cooker directions*

**Step 1:** Thaw freezer bag in fridge 12-24 hours before cooking.

**Step 2:** Add freezer bag contents to a slow cooker, plus a 14.5 oz can chicken broth.

**Step 3:** Cook on low 8-10 hours.

**Step 4:** Shred beef, stir, and serve.

### *Instant pot directions*

**Step 1:** Dump the contents of the freezer bag into the Instant Pot, add 14.5 oz can chicken broth.

**Step 2:** Set to High Pressure for 65 minutes, then allow a 15-minute natural release followed by a quick release.

**Step 3:** Shred beef, stir, and serve!

*Expiration date:* \_\_\_\_\_



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