

# RECIPE: Chicken Lettuce Wraps

## *Slow cooker directions*

**Step 1:** Thaw freezer bag in fridge 12-24 hours before cooking.

**Step 2:** Dump contents of the freezer bag into a slow cooker. (Do not stir)

**Step 3:** Cook on low 5-7 hours

**Step 4:** Break up meat, stir, and serve in Boston lettuce! **Optional:** Serve with additional soy sauce!

## *Instant pot directions*

**Step 1:** Dump the contents of the freezer bag into the Instant Pot, add 1/2 cup water. (Do not stir).

**Step 2:** Set to High Pressure for 15 minutes, then allow a 10-minute natural release followed by a quick release.

**Step 3:** Break up meat, stir, and serve in Boston lettuce! **Optional:** Serve with additional soy sauce!

*Expiration date:* \_\_\_\_\_



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