

# RECIPE: Italian Sausage Meatballs

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## *Slow cooker directions*

**Step 1:** Thaw freezer bag in fridge 12-24 hours before cooking.

**Step 2:** Dump contents of gallon freezer bag into slow cooker.

**Step 3:** Cook on low for 3-4 hours.

**Step 4:** Cook pasta according to package and serve meatballs with the sauce over noodles.

## *Instant pot directions*

**Step 1:** Dump the contents of the freezer bag into the Instant Pot, add 1/2 cup water.

**Step 2:** Set to High Pressure for 8 minutes, followed by a quick release.

**Step 3:** Cook pasta according to package and serve meatballs with the sauce over noodles.

**Expiration date:** \_\_\_\_\_



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