

RECIPE:

Sweet Chili

Slow cooker directions

Step 1: Thaw freezer bag in fridge 12-24 hours before cooking.

Step 2: Dump contents of the freezer bag, plus 28 oz can diced tomatoes, to a slow cooker. (DO NOT STIR).

Step 3: Cook on low 8-10 hours

Step 4: After cooking break up and crumble beef, stir to combine everything, serve, and enjoy!

Instant pot directions

Step 1: Dump the contents of the freezer bag into the Instant Pot, add 28 oz can diced tomatoes, to the slow cooker (Do not stir).

Step 2: Set to High Pressure for 25 minutes, then allow a 10-minute natural release followed by a quick release.

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Expiration date: _____



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