

RECIPE:

Enchilada Bowl

Slow cooker directions

Step 1: Dump contents of the freezer bag into a slow cooker.

Step 2: Cook on low 3 - 4 hours.

Step 3: Stir, serve and enjoy! Top with favorite taco toppings!

Instant pot directions

Step 1: Dump the contents of the freezer bag into the Instant Pot, plus 1/2 cup water.

Step 2: Set to High Pressure for 2 minutes, then allow a 10-minute natural release followed by a quick release.

Step 3: Stir, serve and enjoy! Top with favorite taco toppings!

Expiration date: _____



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