

# RECIPE: Spicy Apricot Chicken

## *Slow cooker directions*

**Step 1:** Thaw freezer bag in fridge 12-24 hours before cooking.

**Step 2:** Add freezer bag contents into slow cooker.

**Step 3:** Cook on low 5-6 hours.

**Step 4:** Serve and Enjoy!

## *Instant pot directions*

**Step 1:** Dump the contents of the freezer bag into the Instant Pot, add 1/2 cup of water.

**Step 2:** Set to High Pressure for 15 minutes, then allow a 10-minute natural release followed by a quick release.

**Step 3:** Serve and enjoy!

**Expiration date:** \_\_\_\_\_



# RECIPE: Spicy Apricot Chicken

## *Slow cooker directions*

**Step 1:** Thaw freezer bag in fridge 12-24 hours before cooking.

**Step 2:** Add freezer bag contents into slow cooker.

**Step 3:** Cook on low 5-6 hours.

**Step 4:** Serve and Enjoy!

## *Instant pot directions*

**Step 1:** Dump the contents of the freezer bag into the Instant Pot, add 1/2 cup of water.

**Step 2:** Set to High Pressure for 15 minutes, then allow a 10-minute natural release followed by a quick release.

**Step 3:** Serve and enjoy!

**Expiration date:** \_\_\_\_\_