

Whole 30 Chicken Pot Pie Soup

RECIPE:

Slow cooker directions

Step 1: Thaw freezer bag in fridge 12-24 hours before cooking.

Step 2: Dump contents of the freezer bag, plus 4 cups of chicken broth and 2 cups water, to a slow cooker.

Step 3: Cook on low 7-8 hours.

Step 4: Stir, serve, and enjoy!

Instant pot directions

Step 1: Dump the contents of the freezer bag into the Instant Pot, add 4 cups chicken broth and 2 cups water.

Step 2: Set to High Pressure for 35 minutes, then allow a 10-minute natural release followed by a quick release.

Step 3: Stir, serve, and enjoy!

Expiration date: _____



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