

RECIPE: Mississippi Pot Roast

Slow cooker directions

Step 1: Thaw freezer bag in fridge for 12-24 hours before cooking.

Step 2: Dump contents of freezer bag into the slow cooker.

Step 3: Cook on low for 8-10 hours.

Step 4: Shred beef in slow cooker, stir and serve.

Instant pot directions

Step 1: Dump the contents of the freezer bag into the Instant Pot.

Step 2: Set to High Pressure for 65 minutes, then allow a 10-minute natural release followed by a quick release.

Step 3: Shred beef in slow cooker, stir and serve.

Expiration date: _____



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